

# **Roanoke Valley A.W.A. K. E. Network (Alert, Well, and Keeping Energetic)**

A health awareness group for people affected by sleep apnea

Sponsored by:  
Eagle Home Medical Corp.  
and  
Halifax Regional Hospital

Meetings every 4th Thursday of January, April, July and October  
at 7:00pm

Halifax Health Link  
Becker Village Mall

Family members and friends are welcome to attend.  
Free admission and parking

Healthcare professionals are also encouraged to attend.

Questions?

Contact Jeff Peedin  
(252) 537-024U or 1-800-226-1143